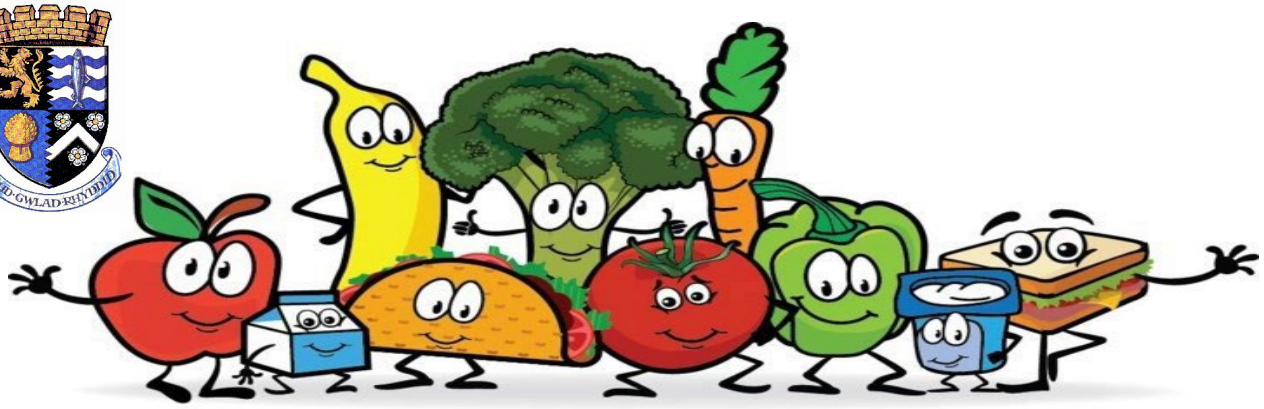


Pecyn Bwyd ar gyfer trip ysgol ac ymweliad addysgol

Mae **tim arlwyo eich ysgol** yn gallu paratoi pecyn bwyd i'ch plentyn ar gyfer **trip ysgol** neu **ymweliad addysgol**. Y cyfan sydd angen i chi wneud yw llenwi manylion eich plentyn, dewis **UN** eitem o bob blwch a dychwelyd y ffurflen i ysgol eich plentyn wedi ei arwyddo wythnos cyn y trip.

Enw Plentyn: .....

Dosbarth: .....

Dyddiad y Trip: .....

Blwch 1 Brechdanau

Tiwna	Caws	Wŷ

Blwch 2 Ar yr Ochr

Selsig		Nygets Llysieuol	

Blwch 3 Pwdin

Myffin		Cwci	

Blwch 4 Ffrwyth

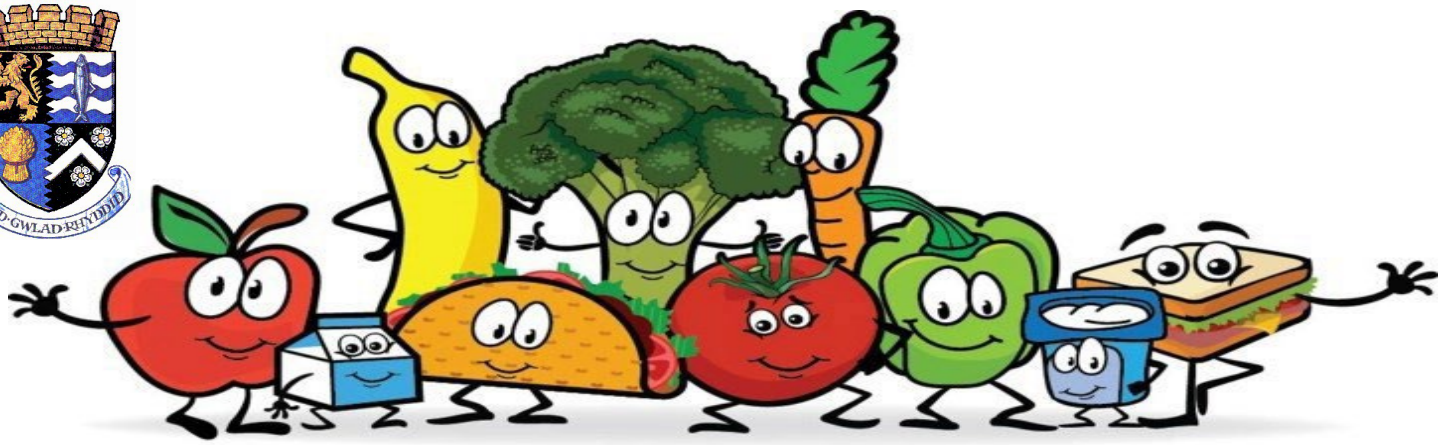
Afal		Oren	

Blwch 5 Ffin Llysiau

Moron a Ciwcymbr		Moron a Phupur	

Llofnod-

Gofynnwn yn garedig i chi ddarparu bag oer (Cool Bag) i gadw'r pecyn bwyd yn ffres.



Packed Lunches for school trips and educational visits.

Your school catering team can provide your child with a packed lunch for **school trips** and **educational visits.**

All you need to do is fill in your child's details, choose **ONE** item from each box and hand this in to your child's school a week before the school trip.

Name of Child: ……
Class: ……
Date of Trip: ……

Box 1 Sandwiches

Tuna | Cheese | Egg

Box 2 On the side

Sausage ☐ Veggie Nuggets ☐

Box 3 Dessert

Muffin ☐ Cookie ☐

Box 4 Fruit

Apple ☐ Orange ☐

Box 5 Veg Sticks

Carrot and Cucumber ☐ Carrot and Pepper ☐

Signature-

We kindly ask that you provide a cool bag to keep the food fresh.